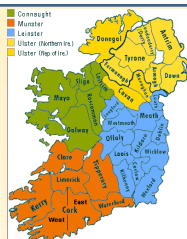


Prayers for Emigration

Bless all those who have left our country and now live in other lands. Give them a strong faith so that they will always put their trust in you and make you known by the example of their lives. Console those who are lonely because they are separated from those they love. Help all missionaries who are working far from home to make your love known. Bless our people overseas who are sick or in prison. We pray for foreigners living in our country that they may experience our hospitality. Grant your eternal welcome to our emigrants who have died and to all the dead. Amen



For Our Loved Ones Far Away.

St. Colmcille,
Who suffered pain and grief of exile,
Watch over the children of Ireland,
Scattered throughout the world.
Obtain for them solace and courage,
And keep them true to God
In every trial and temptation!
Amen
(Prayers of an Irish Mother)



Prayer for Children Leaving Home

It is time to let go,
To stand back and watch
As the young leave home
And go out into the world
On their own.
Guard her from all danger and harm,
From disease and despair,
And from all which threatens to
destroy
The gift of life which you have given
Unto her.
All this we ask in the name of Christ.
Amen

(Prayers of our Hearts, Vienna Cobb Anderson)

“What my Faith means to me”

We at St. Peter's N.S., are delighted to present our collection of favourite prayers and reflections, old sayings, blessings and paidreacha as gaeilge.

Our school motto,

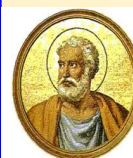
“Treat others as you would like them to treat you”

reflects the ethos of our school and the living out of our faith on a daily basis.

I would like to thank Catherine McHale, Deputy Principal, who co-ordinated the project, the class teachers, S.N.A.s, pupils, parents, grandparents and members of our extended community for their contributions. A special thanks to Catherine Reilly for all her work.

We hope that this collection will be a well - spring of joy, hope, peace and comfort to help you on your journey through life.

*Marie Loftus
Principal*



O God, who hast given unto Thy blessed Apostle Peter the keys to the kingdom of heaven, and the power to bind and loose: grant that we may be delivered, through the help of this intercession, from the slavery of all our sins: Who livest and reignest world without end. Amen.

SCHOOL FAVOURITES

THE SIGN OF THE CROSS

In the Name of the Father and of the Son
and of the Holy Spirit. Amen.



OUR FATHER

Our Father, Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen.



Act of Sorrow



O my God, I thank you for loving me.
I am sorry for all my sins,
for not loving others and not loving you.
Help me to live like Jesus and not sin again . **Amen**

Bereavement

Remembered Joy

Don't grieve for me, for now I'm free!
I follow the plan God laid for me.
I saw His face, I heard His call,
I took His hand and left it all...
I could not stay another day,
To love, to laugh, to work or play;
Tasks left undone must stay that way.
And if my parting has left a void,
Then fill it with remembered joy.
A friendship shared, a laugh, a kiss...
Ah yes, these things I, too, shall miss.
My life's been full, I've savoured much:
Good times, good friends, a loved-one's touch.
Perhaps my time seemed all too brief—
Don't shorten yours with undue grief.
Be not burdened with tears of sorrow,
Enjoy the sunshine of the morrow.



We cannot share this sorrow
If we haven't grieved a while.
Nor can we feel another's joy
Until we've learned to smile.

Death is nothing at all

Death is nothing at all
I have only slipped away into the next room.
I am I, and you are you .
Whatever we were to each other,
that we still are.
Call me by my old familiar name,
speak to me in the easy way
which you always used.
Put no difference in your tone,
wear no forced air of solemnity or sorrow.
Laugh as we always laughed at
the little jokes we enjoyed together.
Let my name be ever the house
Hold Word that it always was,
Let it be spoken without effect ,
without the trace of a shadow on it.
Life means all that it ever meant.
It is the same as it ever was;
there is unbroken continuity.
Why should I be out of mind
because I am out of sight?
I am waiting for you, for an interval,
somewhere very near,
just around the corner.
All is well.



In Memory of...

God saw you getting tired
and a cure was not to be.
So He put His arms around you
and whispered "come to me."
With tearful eyes we watched you,
and saw you pass away.
Although we loved you dearly,
we could not make you stay.
A golden heart stopped beating,
hard working hands at rest.
God broke our hearts to prove to us,
He only takes the best.

Eternal Rest Prayer

Eternal rest grant unto him/her (them),
O Lord; and let perpetual light shine
upon him/her (them).
May he/she (they) rest in peace.
Amen.

Prayers collected from Friends & Relations

Soul of Christ, sanctify me.
 Body of Christ, save me.
 Blood of Christ, inebriate me.
 Water from the side of Christ, wash me.
 Passion of Christ, strengthen me.
 O Good Jesus, hear me.
 Within Thy wounds hide me.
 Suffer me not to be separated from thee.
 From the malignant enemy defend me.
 In the hour of my death call me.
 And bid me come unto Thee,
 That with all Thy saints,
 I may praise thee
 Forever and ever. Amen.

This prayer is said at the end of mass in Ballintubber Abbey every Sunday. Collected by Tom Murray.

An Easter Blessing

May God bless you at Easter,
 And keep you all year through
 May God give you all the faith it
 takes

To make your dreams come
 through.

May His love and wisdom always
 help,

To guide you on your way.
 May his light shine down upon
 you now,

To bless your Easter Day.



THE GOLDEN HAIL MARY

One fervent Hail Mary with love and thought said
 Is better than volumes of prayers poorly read;
 If time and one's duties prevent a long prayer,
 Just say one Hail Mary with fervour and care.
 The 'Golden Hail Mary' which from the heart springs
 The greatest of blessings from Mary it brings;
 And we never will know till before Mary's throne
 How that daily Hail Mary brought us to her home.

*This was a favourite prayer of my Grandad. He had a profound faith in Our Lady and Knock. He visited Knock as often as possible and believed that he had been cured of asthma in Knock as a child
 .Ciara Rowley 4th Class teacher*

Halloween Prayer

From ghoulies and
 ghosties,
 And long - leggedy
 beasties
 And things that go
 bump in the night.
 Good Lord, deliver us.
 Amen

*Caleb Halliwell - 4th Class 1
 Caleb's Mum knew this prayer-
 when she was a little girl.*

God Loves you Always

God loved you yesterday
 God loves you still
 Always has and always will. Amen
Sarah Conlon (Grandmother's favourite) 4th 2

Bedtime Prayer

There are four corners on my bed,
 There are four angels at my head.
 Matthew, Mark, Luke, and John,
 Bless the bed that I sleep on.
*Another Firm Favourite that we received many
 variations of)*



Hail Mary

Hail Mary, full of grace.
 The Lord is with you.

Blessed are Thou among women,
 and blessed is the fruit of Thy womb, Jesus.
 Holy Mary, Mother of God,
 pray for us sinners,
 now and at the hour of our death. Amen



Morning Prayer

Father in heaven, love me.
 You're with me night and day.
 I want to love you always
 In all I do and say.
 I'll try to please you, Father.
 Bless me through the day.
 Amen

Journey Prayer

Arise with me in the morning,
 Travel with me through each day,
 Welcome me on arrival.
 God, be with me all the way.
 Amen.



Grace before Meals

Bless us, O God,
 as we sit together.
 Bless the food we eat
 today.
 Bless the hands that made the food.
 Bless us, O God.
 Amen.



Grace after Meals

Thank you, God,
 for the food we have eaten.
 Thank you, God,
 for all our friends.
 Thank you, God,
 for everything.
 Thank you, God. Amen.



GUARDIAN ANGEL

Angel of God, my guardian dear,
to whom His love commits me here,
ever this night be at my side,
to light and guard, to rule and guide.
Amen.

This prayer was a firm favourite for lots of pupils, parents & grandparents.

Prayer before Communion

Lord Jesus, come to me
Lord Jesus, give me your love.
Lord Jesus, come to me and give me yourself.

Lord Jesus, friend of children, come to me
Lord Jesus, you are my Lord and my God.
Praise to you, Lord Jesus Christ.



Prayer after Communion

Lord, Jesus, I love and adore you.
You're a special friend to me
Welcome, Lord Jesus, O welcome
Thank you for coming to me.

Thank you, Lord Jesus, O thank you
For giving yourself to me.
Make me strong to show your love
Wherever I may be.

Be near me, Lord Jesus, I ask you to stay
Close by me forever and love me, I pray
Bless all of us children in your loving care.
And bring us to heaven to live with you there.

I'm ready now, Lord Jesus
to show how much I care
I'm ready now to give your love
at home and everywhere

Night Prayer

God, our Father, I come to say
Thank you for your love today.
Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night,
And in the morning send your light.
Amen.

God Hear My Prayer

God in heaven hear my prayer, keep me in thy loving care.
Be my guide in all I do, Bless all those who love me too.
Amen



Prayers collected Friends & Relations

Oh my God, I offer thee all my
thoughts, words and actions of this day
for thy greater honour and glory
through Jesus Christ our Lord. Amen.

Collected by Dee dee McGreevey

O Mary, my mother and my hope,
Who gives refuge under thy mantle.

There I will live and die.

Defend me from all dangers

And grant me your holy blessing. **Amen**

Collected by Carrie Bourke

There are four corners on my bed,
There are four corners round
them spread,

Matthew, Mark, Luke and John,
God bless the bed that I lie on.

If I should die before I wake,

I give my soul to God to take,
Jesus, the root, Mary, the flower,
Be at my side at my dying hour.

Collected by Kate & Niamh Roberts



I lay my head down to sleep,
I pray to God, my soul to keep.

And in the morning should I not awake,

I pray to God my soul to take,
There are four corners on my bed,
There are four angels on my spread,
Matthew, Mark, Luke and John,
God bless the bed that I lie on.
Jesus is the branch and Mary is the flower.
God watch over me in my dying hour.

Amen

Collected by Niamh O'Reilly



Collected From Kathleen Deere Grandmother of Mary Kate 3rd1, Sarah Snr 1 & Helen Jnr Inf

Oh my God, I know I must die.
I don't know when, why or where.
But if I die in mortal sin
I know I am lost forever,
So, Jesus, help me .Amen.

Sacred Heart of Jesus,
I place all my trust in thee,
In all, for all, inspite of all and forever.
Amen



Oh God, be not to me a judge but a saviour.

Oh my God, if I cannot receive thee sacramentally,
Come at least spiritually into my soul.

Jesus, Mary and
Joseph, assist
me now and in
my last agony.

Amen

Oh my God, I believe in you, I hope in you and I love you.

Prayers collected Friends & Relations

Special Prayers Collected by Junior Infants

Gentle Jesus, meek and mild
Pity me a little child,
Make me humble as thou art
And with my love inflame my heart. **Amen**



In my little bed I lie,
Heavenly father hear my cry,
Lord, keep,
thou me through this night,

I thank thee Lord for sleep and rest,
For all the things that I love best,
Now guide me through another day
And bless my work and bless my play.
Lord, make me strong for noble ends,
Protect and bless my loving friends;
Of all mankind good Christians make,
All this I ask for Jesus' sake. **Amen**

God made the sun,
And God made the mountains,
And God made me.
Thank you O god,
For the sun and the trees,
For making the mountains,
And for making me. **Amen**

"May God Bless you and every
morning you rise"

A child's morning prayer

Now, before I run to play,
Let me not forget to pray
To God who kept me through the night
And waked me with the morning light.
Help me, Lord, to love thee more
Than I loved before,
In my work and in my play
Be thou with me through the day. **Amen**

Special prayer

O my Jesus, you have said...
Truly I say to you.. "Ask and it will
be given, seek and you shall find,
knock and it will be open to you".
Behold, I knock, I seek and I ask for
the grace of...

What the Lord has allotted
can't be blotted

**Holy Mary, mother of God, St. Joseph, St. Michael, the archangel
and all the holy angels, protect us.**

The Angelus



V. The angel of the Lord declared unto Mary.
R. And she conceived by the Holy Ghost.
Hail, Mary...
V. Behold the handmaid of the Lord.
R. Be it done unto me according to Thy word.
Hail, Mary...
V. And The Word Was Made Flesh.
R. And dwelt among us.
Hail, Mary...
V. Pray for us, O holy Mother of God.
R. That we be made worthy of the promises of Christ.

The Salve Regina

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve,
to thee do we send up our sighs, mourning and weeping in this valley of tears.
Turn then, most gracious advocate, thine eyes of mercy towards us,
and after this, our exile, show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.
V. Make me worthy to praise thee, holy Virgin.
R. Give me strength against thine enemies.
V. Blessed be God in His saints.
R. Amen.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that
we, to whom the incarnation of Christ, Thy Son, was made known by
the message of an angel, may by His Passion and Cross be brought to
the glory of His Resurrection, through the same Christ Our Lord.

Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that any
one who fled to thy protection, implored thy help and sought thy intercession,
was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of vir-
gins, my mother; to thee I come; before thee I stand, sinful and sorrowful. O
Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear
and answer me. **Amen.**

Adoration

Glory be to the Father, and to the Son, and to the Holy Spirit: As it was in the
beginning, is now, and ever shall be, world without end. **Amen.**

IRISH PRAYERS - BLESSINGS - PROVERBS

An Bheannacht

In ainm an Athar agus an Mhic agus an Spioraid Naoimh. Amen.



An Old Irish Blessing

May the road rise up to meet you.
May the wind always be at your back.
May the sun shine warm upon your face,
and rains fall soft upon your fields.
And until we meet again,
May God hold you in the palm of His hand

An Irish Prayer

May God give you...
For every storm, a rainbow,
For every tear, a smile,
And a blessing in each trial.
For every problem life sends,
A faithful friend to share,
For every sigh, a sweet song,
And an answer for each prayer



Irish Marriage Blessing

May God be with you and bless you.
May you see your children's children.
May you be poor in misfortunes
and rich in blessings.
May you know nothing but happiness
from this day forward.



Prayers collected from Friends & Relations

Blessed Saint Anthony

I Place All My Studies Under Your Powerful Protection
Your Intercession Has Often Helped Me To Make Progress
In Learning and Devotion
I Choose You As The Protector and Patron of My Studies
Through Your Intercession May The Holy Spirit Fill Me
With Light and Strength, Intelligence and Humility
I Implore You Lord, My God, Creator of All Things,
To Grant Me The Ability To Grasp Things Correctly,
And The Talent of Being Exact in My Explanations **Amen**

Laura Flynn (Grandmother's favourite prayer) 4th class 2

Prayer To Mary

Mary, mother of Jesus
I want to live and love like
You
I want to love the Father
I want to love like Jesus
Mother of Jesus
Blessed are You
Mother of Jesus
My Mother too
Help me to live like Jesus
And help me to live like
You.
Amen.

Niamh Kennedy (Grandmother's favourite prayer) 4th class 2

I Said a Prayer for You Today

I said a prayer for you today
And know God must have heard
I felt the answer in my heart
Although He spoke no word
I didn't ask for wealth or fame
(I knew you wouldn't mind)
I asked Him to send treasures
Of a far more lasting kind
I asked that He'd be near you
At the start of each new day
To grant you health and blessings
And friends to share your way
I asked for happiness for you
In all things great and small
But it was for His loving care
I prayed the most of all
Amen

*Alison Flannery (mother's favourite prayer)
4th class 2*



My Grandparents

Generous is what I'd say they are
Thank God they don't live far
Always remember the important days
Birthdays, Christmas and Holy days
Never do they curse or swear
Daily say their morning prayer
Parenting skills have worked out well
Always kind if I ever fell
Rushing around to do their chores
Minding Polly with the help of God
They teach what is right and what is wrong
Sometimes even a cheerful song
Surprises galore at every visit
I hope they're around for years to come.
Amen

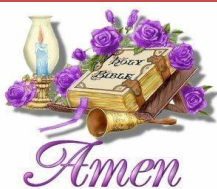
Written by Rachel Gallagher 4th class 2

Prayers collected from Teachers & Pupils

Paidreacha roimh béilí (Anne Cooney- Grandfather's favourite)

Beannaigh sinn a Dhia ár mbia is ár ndeoch,
Ó is tú a cheannaigh sinn go daor agus a shaor sin ó chuile olc,
Bia na cúig n-gran is an dá iasc
A roinn an Rí le sinne a roinnt í measc ár gcomharsan. Amen

Beannaigh sinn a Dhia ár mbia is ár ndeoch,
Ó is tú a cheannaigh sinn go daor agus a shaor sin ó chuile olc,
Bail na gcúig n-arán is an dá iasc
A roinn Dia ar na cúig mhíle duine
Go dtigídh chugainn ar ár gcuid agus ar ár gcúram.
Glór don athair..... Amen.



St. Therese, the Little Flower,
please pick me a
rose from the
heavenly garden
and send it to me
with a message of
love; ask God to
grant me the
favour I thee
implore and tell
Him I will love Him
each day more and
more. **Amen**
*Leona Buckley Snr
Inf1 (Great -
Grandmother's
favourite*



Prayer at night while raking the fire

Coiglimid an tine seo mar a choigleanns cách
Brid ina bun agus Muir ina barr
An dá aingeal déag atá í ngCathair na Grásta
Do chúmhach an tí seo is ár muintir **Amen.**

God give you the power
Through His Spirit
To be strong in your inner selves
May Christ make His home
In your hearts.
And may you be able to grasp
The length and breadth and height
and depth of His love which is
beyond all understanding

Mrs Marie Loftus

Ephesians

*Favourite prayer of my grandmother, Mrs
Kate Cuniffe, Moneen, Castlebar.*

Every time I pass the Church



I pay a little visit

And when at last I'm carried in,
The Lord won't say "who is it?"

From Saint Patrick's Breastplate

Christ be with me
Christ before me
Christ behind me
Christ in me
Christ beneath me
Christ above me
Christ on my right
Christ on my left
Christ where I lie
Christ where I sit
Christ where I arise
Christ in the heart of every man
who thinks of me
Christ in the mouth of every man
who speaks of me
Christ in every eye that sees me
Christ in every ear that hears me
Salvation is of the Lord.



For each petal on the shamrock.
This brings a wish your way
Good health, good luck, and happiness
For today and every day

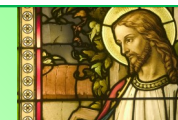
St. Patrick was a gentleman
Who through strategy and stealth
Drove all the snakes from Ireland.
Here's toasting to his health.
But not too many toasting's
Lest you lose yourself and then
Forget the good St. Patrick
And see all those snakes again.

May your neighbours respect you,
trouble neglect you,
the angels protect you,
and heaven accept you.



Ár nAthair

Ár nAthair atá ar neamh,
go naofar d'ainm
Go dtaga do ríocht
Go ndéantar do thoil
ar an talamh mar a dhéantar ar neamh.
ár n-arán laethúil tabhair dúinn inniu
Agus maith dúinn ár bhfiacha
Mar a mhaithimidne ár
bhféichiúnaithe féin
Agus ná lig sinn i gcathú
ach saor sinn ó olc. (Amen).



May God grant you many years to live,
For sure he must be knowing.
The earth has angels all too few.
And heaven is overflowing

When Irish eyes are smiling
Sure it's like a morning spring.
In the lilt of Irish laughter,
You can hear the angels sing.
When Irish hearts are happy,
All the world seems bright and gay.
And when Irish eyes are smiling,
Sure, they steal your heart away

May the raindrops fall lightly on your brow.
May the soft winds freshen your spirit.
May the sunshine brighten your heart
May the burdens of the day
rest lightly upon you.
And may God enfold you
in the mantle of His love.

Community Favourites



Prayer of St. Francis

Lord make me an instrument of your peace
Where there is hatred . . . let me sow love.
Where there is injury . . . pardon.
Where there is doubt . . . faith.
Where there is despair . . . hope.
Where there is darkness . . . light.
Where there is sadness . . . joy.

O Divine Master, grant that I may not so much seek
To Be consoled . . . as to console,
To be understood . . . as to understand,
To be loved . . . as to love,
for
It is in giving . . . that we receive,
It is in pardoning, that we are pardoned,
It is in dying . . . that we are born to eternal life.



Pope Francis 1st

Bless This House

Bless this house, o Lord, we pray.
Make it safe by night and day.
Bless these walls so firm and stout,
Keeping want and trouble out.
Bless the roof and chimney tall,
Let thy peace lie over all.
Bless the doors that they may prove
Ever open to joy and love.
Bless the windows shining bright,
Letting in God's heavenly light.
Bless the hearth a-blazing there,
With smoke ascending like a prayer.
Bless the people here within...
Keep them pure and free from sin.
Bless us all, that one day, we
May be fit, O lord, to dwell with Thee.

No matter how tall your
Grandfather was, you have
to do your own growing!

For beautiful eyes,
Look for the good in others:
For beautiful lips,
Speak only words of kindness;
And for poise,
Walk with the knowledge
That you are never alone.
- Ądrzy Ąępburn

Prayers collected from Teachers

*This prayer was taught to me by my grandmother.
I learned it when I was 4 years old .(Catherine McHale)*

Infant Jesus

Infant Jesus, meek and mild
Look on me a little child.
Pity mine and pity me,
Suffer us to come to thee.
Heart of Jesus I adore thee,
Heart of Joseph I implore thee,
Heart of Mary, pure and just,
In these three hearts I put my trust.
I put my trust forever, so daily mind me
And show yourself a mother wherever I may be,
And when that hand may strike me,
then mercy I implore
To lead me dearest Mother to God
forever more. **Amen** .



*My granny prayed this last thing at night.
Catherine McHale*

Sacred Heart of Jesus

I place all my trust in thee,

Sacred Heart of Jesus

I place all my trust in thee,

Sacred Heart of Jesus may

I breathe forth my soul

in peace with you,

O Lord. Amen

Bí liom, a Íosa.

Bí liom ,a Íosa,

Bí í mo lámha is by í mo chosa,

Bí í mo shúile is bí í mo chluasa,

Bí í mo chroí is bí í mo bhéal,

Bí í m'anam an t-am go léir.

Páidirín pairteach í ngairdín Phárthas

(A Rosary in the garden of Paradise)

Ag moladh na mná bhí ariamh gan locht,

Aon-mhac Muire, is a rí na nGrásta

Nár fheicfidh tú fán ar m'anam bocht.

Bhí mé ag brionglóidí aréir,

Táirní iarainn dul tríd mo chloigeann

,mo chosa, mo lámha,

Cibé duine abróidh seo trí huair

ag dul a chodladh dhó,

Ní fheicfidh sé splanc ó leacrachaigh

Teachers' Prayer

Lord, please help me to
strengthen their voices,
bodies and minds,

To express their feelings and
control them sometimes,

To explore what is near and
venture afar,

But most important to love who
they are. **Amen**